## To honor the 175th Anniversary of

## First United Methodist Church of Downers Grove

and its commitment to community outreach

Second Sunday Quilters presents

# Project 175Q

**Goal:** To make and distribute 175 handmade quilts to members of our community who are in need or in distress

When: By November 1, 2011

**How:** By giving quilts to private and community organizations who work with those in need

This is a very ambitious goal for a small group, so we're asking for your help.

#### What You Can Do

- Make a crib, child, or lap quilt to donate to the project (see suggested quilting guidelines and patterns)
- Make a quilt top that Second Sunday Quilters can finish (see guidelines)
   Tops must be finished by September 4, 2011.
- Donate quilting cotton or batting to SSQ
- Donate 6 ½ inch quilting cotton squares to SSQ (measurements need to be accurate)
- · Contribute toward the purchase of fabric and batting

For more information, contact:

Kay Frank (630-852-7878, mar497@comcast.net) or Julie Stone (630-985-9217, jcstone1@hotmail.com)

Donations may be dropped off at the church office.

Watch for updates on our progress.
We will recognize donors when the project is complete.

## Guidelines for Project 175Q Quilts

Crib quilts and small lap quilts for adults – approximately 36" x 48"

Child quilts and large lap quilts for adults – approximately 48" x 60"

You may use your own pattern if you wish, but here are a couple of easy ideas.

#### Square Grid:

Small size quilt

Cut 48 - 6 ½ inch squares of various cotton fabrics.

Arrange in 8 rows of 6 squares

Using ¼ inch seams, stitch squares of each row together, press seams to one side

Using ¼ inch seams, stitch rows together, press seams to one side

#### Large size quilt

Cut 80 - 6 ½ inch squares of various cotton fabrics

Arrange in 10 rows of 8 squares

Using ¼ inch seams, stitch squares of each row together, press seams to one side

Using ¼ inch seams, stitch rows together, press seams to one side

## Easy assembly - enveloping

Layer quilt top and backing face to face

Layer batting to back side of quilt top

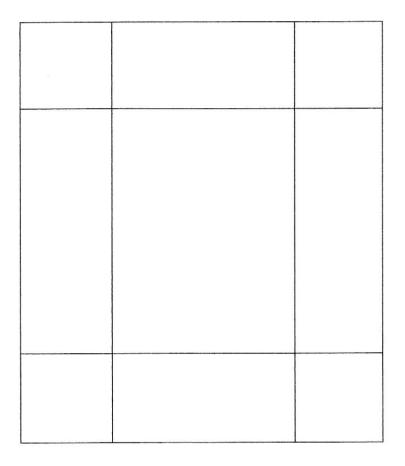
Stitch ¼ inch around edge of quilt, leaving a gap for turning right side out

Turn quilt right side out and hand stitch gap

Press seams

Optional: Stitch 1/4 inch around the edge of the quilt

Finish by quilting or tying



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Easy assembly – enveloping

Layer quilt top and backing face to face

Layer batting to back side of quilt top

Stitch ¼ inch around edge of quilt, leaving a gap for turning right side out

Turn quilt right side out and hand stitch gap

Press seams

Optional: Stitch ¼ inch around the edge of the quilt

Finish by quilting or tying

Second Sunday Quilters thank you for helping with this project!

### Three Yards/Three Quilt Tops

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Select one yard each of three coordinating fabrics
Layer the fabrics on top of each other
Trim selvages and square the fabrics
Cut a 9 inch piece from the top, bottom and each side of the fabrics

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## Piecing

Arrange pieces so the center is the first fabric, the tops and sides are the second fabric, and the corners are the third fabric

Repeat for two more quilts with the second and third fabrics as the centers

Stitch together, pressing seams to one side