

**First United Methodist Church, Downers Grove, IL.**  
**Health Form and Permission Form for Senior High Retreat**  
**To Camp Duncan August 16<sup>th</sup>-17<sup>th</sup>**

Student's Name \_\_\_\_\_ Birthdate \_\_\_/\_\_\_/\_\_\_\_\_ Age \_\_\_\_\_ Gender: M or F  
Parent/Guardian Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Work \_\_\_\_\_  
Address: \_\_\_\_\_  
Cell \_\_\_\_\_ Grade entering in Fall \_\_\_\_\_

**EMERGENCY CONTACT**

Every effort will be made to contact the parent/guardian in the event of an illness or other problem. Please indicate two other persons who know your child, who have authorization for transportation, and who may be contacted in necessary. Contact Information:

Name \_\_\_\_\_ Relationship \_\_\_\_\_ H:Phone#: \_\_\_\_\_  
Work#: \_\_\_\_\_  
Cell#: \_\_\_\_\_  
Name \_\_\_\_\_ Relationship \_\_\_\_\_ H:Phone#: \_\_\_\_\_  
Work#: \_\_\_\_\_  
Cell#: \_\_\_\_\_

**ALLERGIES** List all known. Describe reaction and management of the reaction.

Does camper have any know allergies?  Yes  No

**Allergies to medications** \_\_\_\_\_  
**Food allergies** \_\_\_\_\_  
**Other allergies** \_\_\_\_\_  
**Dietary restrictions** \_\_\_\_\_

**Health History: (Check any that apply)**

Epilepsy or Seizures  Frequent Ear Infections  Menstrual Problems  Asthma  
 Frequent Sore Throats  Headaches  Bed-wetting  Heart Disease  
 Back pain or strain  Alcohol/drug addiction  Attention Deficit Disorder  Diabetes  
 Other: \_\_\_\_\_

Pertinent past medical treatment: \_\_\_\_\_

Is the student presently taking or using any type of medication(s) or drug(s)?  Yes  No  
If yes, specify and complete med report on reverse side.

Is the student current on all immunizations needed for school?  Yes  No  
Date of last Tetanus shot: \_\_\_\_\_ Blood type (if known) \_\_\_\_\_

Does the student have a health condition (e.g. allergies, chronic conditions) or special circumstances which may affect program participation, special housing need, or anything we ought to know prior to emergency treatment?  Yes  No  
If yes, please explain: \_\_\_\_\_

**Family Medical Insurance:**  Yes  No Name of Insured \_\_\_\_\_  
Carrier: \_\_\_\_\_ Group # \_\_\_\_\_ Policy # \_\_\_\_\_  
Name of Family Physician \_\_\_\_\_ Phone \_\_\_\_\_

**Parent/Guardian Authorization**

My child has permission to take part in all retreat activities under supervision unless limitations are noted above, and I agree that the retreat personnel will not be held responsible for accidents arising there from. I hereby give permission to the retreat staff to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the retreat staff to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the retreat staff to secure and administer treatment, including hospitalization, injection, surgery and anesthesia for the person named above. This completed health form may be photocopied for trips out of the retreat.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature of camper, if age 18 or older, or Parent/Guardian--required each year)

**PERMISSION TO ADMINISTER MEDICATIONS**

I, the parent or guardian of \_\_\_\_\_ gives my permission to the retreat Health Care Provider or his/her designate to give the following medications (or generic equivalents) to my child, in accordance with recommended package dosing for the specific indications below. These medications are available at camp and need not be brought by participants.

	Yes	No		Yes	No
Tylenol: mild fever or discomforts	<input type="checkbox"/>	<input type="checkbox"/>	Benadryl: Allergy Symptoms	<input type="checkbox"/>	<input type="checkbox"/>
Ibuprofen: mild fever or discomforts	<input type="checkbox"/>	<input type="checkbox"/>	Sudafed: Allergy symptoms	<input type="checkbox"/>	<input type="checkbox"/>
Throat Lozenges: Cough/sore throat	<input type="checkbox"/>	<input type="checkbox"/>	Antacid: Upset stomach	<input type="checkbox"/>	<input type="checkbox"/>
Topical Creams: Itching, sunburn	<input type="checkbox"/>	<input type="checkbox"/>	Anti-diarrhea: for diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Or insect bites					
Permission to follow recommendations by local Poison Control Centers				<input type="checkbox"/>	<input type="checkbox"/>

**Signature of Parent/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

Please describe any current physical, mental, or psychological conditions requiring medication, treatment, or special restrictions or considerations while at the retreat: \_\_\_\_\_

Please list ALL medications (including over-the-counter or nonprescription drugs) taken routinely. **Bring enough medication to last the entire retreat.** Keep it in the original package-container that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

**Med #1** \_\_\_\_\_ **Dosage** \_\_\_\_\_ **Specific times taken each day** \_\_\_\_\_

**Reason for taking** \_\_\_\_\_

**Med #2** \_\_\_\_\_ **Dosage** \_\_\_\_\_ **Specific times taken each day** \_\_\_\_\_

**Reason for taking** \_\_\_\_\_

**Med#3** \_\_\_\_\_ **Dosage** \_\_\_\_\_ **Specific times taken each day** \_\_\_\_\_

**Reason for taking** \_\_\_\_\_

**All medications brought to camp MUST be in their original containers.**

Note: The retreat personnel will notify you if your child displays the following systems:

- Any illness that persists longer than 24 hours; including fevers, coughs, excess expulsion of bodily fluids, allergic reactions, severe tiredness.
- Any injury that causes severe prolonged pain, discolorization and/or swelling
- Any condition that cannot be sufficiently treated by camp personnel.
- Any condition requiring transport o other medical services.

**Physical and doctor signature no longer required.**